

OBC 25M 2025: Session: 1: COACH evaluation sheet for TEAM: STW

Coachinfo: Warming up from: 07:30 untill 08:45.

Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Vandermeulen Eric

Coaches: Goossens Nicole HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 400M MEDLEY MEN

Heat:2, starttime: 09:20

Heat: 2/3 Lane : 8 Athlete: VAN REMOORTERE JASPER

Q-time: 04:43:41

PB (25m pool): 4:43.41 Ron 19 Oct 2024

PB (50m pool): 4:52.06 SB:

	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		27.65		1:00.39		1:38.32		2:14.51
		27.65		32.74		37.93		36.19
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		2:56.56		3:39.18		4:11.74		4:43.41
		42.05		42.62		32.56		31.67
								

Coach feedback:

Event number: 4: 50M FREESTYLE MEN

Heat:5, starttime: 09:40

Heat: 5/8 Lane : 4 Athlete: VAN HOEY BILLIET ALEXANDER

Q-time: 00:23:66

PB (25m pool): 23.11 Sint-Amandsberg 19 Oct 2025

PB (50m pool): 24.15 SB:

	2 5 M	5 0 M	
PB		23.11	
		23.11	
			

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN

Heat:5, starttime: 10:05

Heat: 5/7 Lane : 5 Athlete: ORBAN OLIVIER

Q-time: 01:02:36

PB (25m pool): 1:02.36 Gent 9 Nov 2024

PB (50m pool): 1:05.84 SB:

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		29.71		1:02.36	
		29.71		32.65	
					

Coach feedback:

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Event number: 8: 200M BACKSTROKE MEN							Heat:2, starttime: 10:25	
Heat: 2/4 Lane : 5 Athlete: VAN HOEY BILLIET ALEXANDER							Q-time: 02:02:33	
PB (25m pool): 2:02.33 Aachen (GER) 11 Oct 2025				PB (50m pool): 2:06.97 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		27.72		58.78		1:30.87		2:02.33
	27.72		31.06		32.09		31.46	
								

Coach feedback:

Event number: 10: 100M BUTTERFLY MEN							Heat:2, starttime: 10:45	
Heat: 2/6 Lane : 5 Athlete: VAN REMOORTERE JASPER							Q-time: 00:58:86	
PB (25m pool): 58.86 T Rosco 11 Oct 2025				PB (50m pool): 58.47 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		27.47		58.86				
	27.47		31.39					
								

Coach feedback: